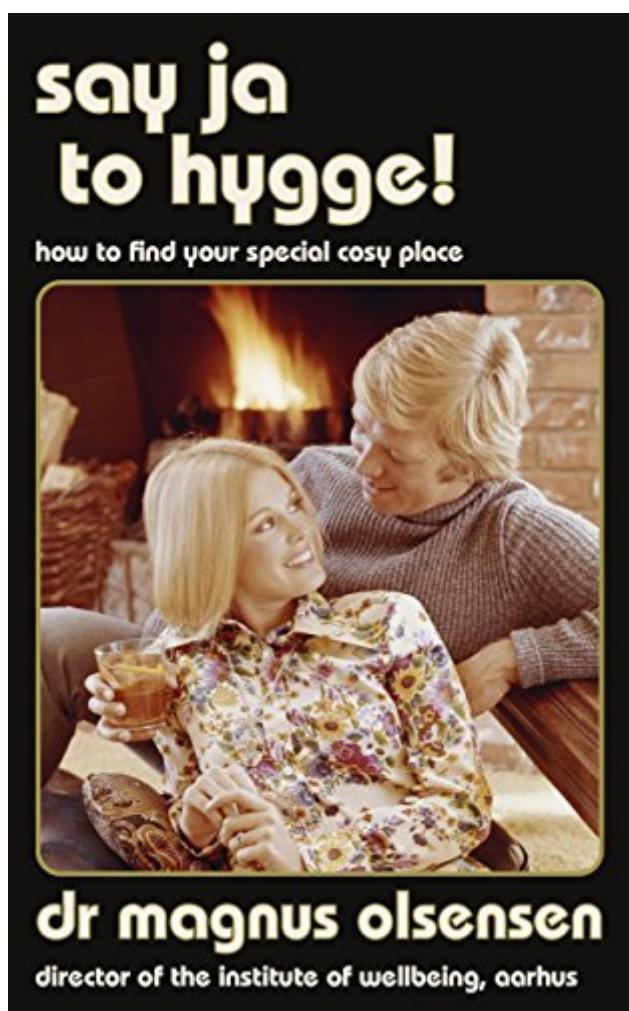


The book was found

Say Ja To Hygge!: A Parody: How To Find Your Special Cosy Place



Synopsis

Hilarious tongue-in-cheek guide to the Danish "hygge" lifestyle. This book came about after a particularly hyggelig evening in December 2015. I had just lit my pleasing contemporary wood-burner and was sitting back, glÃ¶gg in hand, listening to Terj DÃ¸rk's classic drÃ¸n jazz album "Tepid in Taarstrup". I found myself reflecting on the fact that we are the World's Happiest People. Wasn't it time, I thought, we shared our secret? I immediately called around three of the Institute of Wellbeing's brightest young researchers: Freja, Olaf and Sofia. We sat together snug in my pure wool 'foursie', bathed in soft fire-light, and talked long into the evening. The idea came over us unexpectedly. We would publish a book, explaining hygge for the betterment of all mankind. I'm delighted that we have succeeded. And I hope our efforts will help you to find your own hygge-topia. Held og lykke!"Dr Magnus Olsensen Director, Institute of Wellbeing, Aarhus***The Danish "hygge" (pronounced 'huhhpg-ghuhrr') lifestyle is all about feeling snug, gentle, warm and satisfied - ideally, self-satisfied. But how should you go about finding your special cosy place? Let Dr Magnus Olsensen be your hilarious guide to finding hygge in every area of your life - from the office to the bedroom. Hygge is derived from the Old Norse words hig, meaning cosy, and ger, meaning fire hazard. It is, in essence, a state of mind. (One that is heavily dependent on candles.) For some, achieving hygge will come easily. Others may have to work a little harder. But if you put in the hours - and follow the guidance in *Say Ja to Hygge!* - you will find your own hygge-topia. You will have become, in spirit, Danish. And - as the old song goes - there is nothing like a Dane! This truly hilarious send-up of hygge culture is a work of timely comic genius.

Book Information

File Size: 2424 KB

Print Length: 160 pages

Publisher: Hodder & Stoughton (November 17, 2016)

Publication Date: November 17, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01MAVRSUX

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #994,569 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #60 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > European > Scandinavian #70 in Books > History > Europe > Scandinavia > Denmark #177 in Books > Cookbooks, Food & Wine > Regional & International > European > Scandinavian

[Download to continue reading...](#)

Say Ja to Hygge!: A parody: How to find your special cosy place Hygge: The Complete Book of Hygge: A Real Dane's Explanation of How to Live the Simple and Amazing Hygge Lifestyle, and Find Happiness Hygge: Eine Dane's Erklärung, wie man die einfache und erstaunliche hygge Lebensstil zu leben, und finden Sie Glück (Hygge Guide - German Edition) Hygge: Find Happiness The Nordic Way (Without Breaking The Bank) (Hygge Life Book 3) Hygge: A Danish Concept of Cosy and Simple Living Hygge: The Complete Guide to Embracing the Danish Concept of Cosy and Simple Living The Cosy HYGGE Winter Colouring Book (Really RELAXING Colouring Books) (Volume 23) Hygge: Introduction to The Danish Art of Cozy Living (Hygge Series Book 1) Hygge: The Complete Book of Hygge Hygge: The Danish Art of Living Happy, Finding the Joy in Simple Things and Escaping the Stresses of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress) Hygge: Introduction to The Danish Art of Cozy Living (Hygge Series) (Volume 1) Keep It Shut Study Guide: What to Say, How to Say It, and When to Say Nothing At All Keep It Shut: What to Say, How to Say It, and When to Say Nothing at All Hygge: Find Happiness and Escape the Stress of Modern Life 30 Days to Taming Your Tongue: What You Say (and Don't Say) Will Improve Your Relationships Boundaries: When to Say Yes, How to Say No to Take Control of Your Life Boundaries: When to Say Yes, When to Say No-To Take Control of Your Life [Miniature Edition] (Inspirio/Zondervan Miniature Editions) Boundaries Workbook: When to Say Yes When to Say No To Take Control of Your Life Boundaries with Kids: When to Say Yes, When to Say No, to Help Your Children Gain Control of Their Lives How to Speak Chicken: Why Your Chickens Do What They Do & Say What They Say

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)